

MASSAGE TREATMENTS

Customized Massage

A massage customized especially for you!

50 min \$100 80 min \$145

Ashiatsu

A rare & ancient massage that combines deep compression techniques with long luxurious massage strokes using the therapist's feet. Limited availability, please call for times.

50 min \$130 80 min \$160

Classic Swedish Massage

Improve circulation and achieve absolute relaxation with this gentle, rhythmic full body massage.

50 min \$95 80 min \$130

Warm River Stone

Melt away stress utilizing warm oils & moist heated river stones.

50 min \$130 80 min \$160

Head Neck & Shoulders

Release tension held in these areas with concentration on those muscle groups.

30 min \$65

Ask us about the tranquil outside setting for massages

SPA PACKAGES

Tranquil Transformation

Enjoy a full body exfoliation*body wrap of your choice*just for feet massage*Alpha Hydroxy fruit pulp facial*hand & foot moisture masque*aromatherapy scalp treatment

2.5 hours \$265

Sweetheart Surprise

Make her a princess for a day!
This includes a full sugar scrub exfoliation*Chocolate truffle body wrap *Mani/Pedi*Chocolate covered strawberries & wine

3 hours \$275

We recommend booking packages one week in advance to ensure availability

NAIL TREATMENTS

Spa Signature

Aromatherapies soak for the skin to open the pores and to release toxins.

Exfoliating scrub prepares the skin for a warm paraffin wrap infused with vitamins vital for healthy skin.

A moisturizing massage is included followed by your choice of polish.

Manicure \$45*Pedicure \$65
Spa Manicure & Spa Pedicure \$100

Classic Nails

Manicure \$35*Pedicure \$50

The Hampton Gentleman

Manicure \$30
Pedicure \$40



Welcome to the High Hampton Spa. We are located on the High Hampton property, nestled high in the beautiful Blue Ridge Mountains of Western North Carolina.

Surrounded by tall hemlock trees, mountain laurel and tranquil surroundings, our friendly staff will transfer you into our world-class spa. Enjoy a steam shower prior to your treatment or make it a great ending to a relaxing spa experience. Individual changing rooms are equipped with lockers, sandals and cozy robes for your comfort. All you need to bring is yourself and a quiet mind to relax in the moment. Enjoy browsing our spa boutique, hot tea in our tranquil sitting area or a glass of our refreshing fruit infused water.

“It is our absolute pleasure to deliver peace & relaxation here in the sanctity of nature”

*Call for an appointment today!
828-743-6479*

ORGANIC SKIN CARE



Enjoy a trip to Hungary with any of our world-renowned skin care products by Eminence. These products are all-natural, hand-made organic line that are prepared using a unique combination of hand-picked fresh ingredients. Vitamins are captured in their all-natural fresh base, offering dramatic results as actual seeds, pulps and peels begin the regenerative and healing powers that only nature can produce.

Hampton Signature Facial

This is a customized facial for your specific skin type. This service includes: hand & foot moisture masque, soothing massage of the neck, shoulders and head.

Approximately 50 min \$110

European Facial

Recommended for stressed or blemished skin types. Removes impurities and rejuvenates skin. Extractions and sterilization are included,

50 min \$135

Microderm-Abrasion

An exfoliating treatment designed to rejuvenate tired, dehydrated, sun damaged skin types. Helps diminish fine lines and hyper pigmentation, stimulates circulation and elastigen and collagen production. This service is polished off with LED light therapy.

50 min Package of 3 \$375
Single session \$150

Chemical Peel

This treatment is used to diminish appearance of scar tissue, fine lines and damaged tissue.

Also stimulates elastigen and collagen production. This service is polished off with LED light therapy.

60 min Package of 3 \$250
Single session \$95

LED phototherapy treatment can be added to any facial to accelerate cellular turnover.

Deep Renewal Back Treatment

Get ready for summer fashions with a treatment designed to deep clean and exfoliate your back.

50 min \$135

Dolce Delight Body Scrub

Stimulate your overall circulation with an invigorating whole body exfoliation. Your choice of Cucumber mint or Blueberry soy sugar scrub.

80 min \$145

Body Wrap

Take your body to its deepest relaxation with one of our body wraps. Designed to revitalize, detoxify & regenerate dull skin for an energizing glow. Choose from Cucumber mint or Hungarian mud.

50 min \$125
80 min \$145

Add an exfoliating sugar scrub to any body treatment. 30 min \$65

Specialty Services

Can be added to most spa services

| | |
|--------------------------------|------|
| Just the Feet Massage (30 min) | \$60 |
| Brow & Eye lash tint | \$20 |
| Eye renewal treatment | \$30 |
| Lip plumping treatment | \$30 |
| Hand & foot moisture masque | \$30 |
| LED Phototherapy | \$30 |
| Eye brow wax | \$18 |
| Lip wax | \$15 |
| Under arm wax | \$30 |
| Bikini wax | \$45 |
| Lower leg wax | \$40 |

Hair Services

| | |
|----------------------------|------|
| Up-do and Formal Style | \$75 |
| Blow out & style from | \$35 |
| Woman's cut and Style from | \$55 |
| Dry or Wet Cut | \$45 |
| Gentleman's cut and Style | \$35 |

Make-Up

| | |
|---------------------------------|------|
| Make-up application for bride | \$75 |
| Make-up application | \$50 |
| Make-up lesson with application | \$60 |