

MASSAGE TREATMENTS

Therapeutic Deep Tissue Massage

A massage customized especially for you!

50 min \$115 80 min \$150

Ashiatsu

A rare & ancient massage that combines deep compression techniques with long luxurious massage strokes using the therapist's feet. Limited availability, please call for times.

50 min \$115 80 min \$150

Custom Stress Releasing Massage

Improve circulation and achieve absolute relaxation with this gentle, rhythmic full body massage.

50 min \$115 80 min \$150

Warm River Stone

Melt away stress utilizing warm oils & moist heated river stones.

50 min \$115 80 min \$150

Head Neck & Shoulders

Release tension held in these areas with concentration on those muscle groups.

30 min \$65

Just the Feet Massage

Give your tired and sore puppies a treat!

30 min \$65

Reflexology

A very effective massage treatment that focuses on the feet, hands and face.

Reflexology works directly with calming the nervous system to create a sense of peace and relaxation through the entire body.

Limited availability, please call for times.

50 min \$115 80 min \$150

SPA PACKAGES

Tranquil Transformation

Enjoy a full body exfoliation*body wrap *just for feet massage*hand & foot moisture masque*aromatherapy scalp massage

2.5 hours \$265

Sweetheart Surprise

Make her a princess for a day!

This includes a full sugar scrub exfoliation*Chocolate truffle body wrap *Mani/Pedi*Chocolate covered strawberries & wine

3 hours \$285

We recommend booking packages one week in advance to ensure availability

Add-on and Specialty Services

Can be added to most spa services

Collagen Lip Treatment	\$10
Collagen Eyes Treatment	\$15
Collagen Whole Face Treatment	\$30
Collagen Neck & Chest Treatment	\$35
Eye renewal treatment	\$20
Lip plumping treatment	\$20
Hand & Foot moisture masque	\$20
Body Brush Exfoliation	\$20
LED Phototherapy	\$30
Eye brow wax	\$15
Lip wax	\$15
Chin wax	\$18



Welcome to the Hampton Spa, nestled high in the beautiful Blue Ridge Mountains of Western North Carolina. Surrounded by tall hemlock trees, mountain laurel and tranquil surroundings, our friendly staff will transfer you into our world-class spa. Individual changing rooms are equipped with lockers, sandals and cozy robes for your comfort. All you need to bring is yourself and a quiet mind to relax in the moment.

“It is our absolute pleasure to deliver peace & relaxation here in the sanctity of nature”

Call for an appointment today!

828-743-6479

ORGANIC SKIN CARE



Enjoy a trip to Hungary with any of our world-renowned skin care products by Eminence. These products are all-natural, hand-made organic line that are prepared using a unique combination of hand-picked fresh ingredients. Vitamins are captured in their all-natural fresh base, offering dramatic results as actual seeds, pulps and peels begin the regenerative and healing powers that only nature can produce.

Hampton Signature Facial

This is a customized facial for your specific skin type. This service includes: soothing massage of the head, neck, shoulders, hands and feet.

50 min \$115

European Facial

Recommended for stressed or blemished skin types. Removes impurities and rejuvenates skin. Extractions and sterilization are included,

50 min \$125

Microderm-Abrasion

An exfoliating treatment designed to rejuvenate tired, dehydrated, sun damaged skin types. Helps diminish fine lines and hyper pigmentation, stimulates circulation and elasticity and collagen production. This service is polished off with LED light therapy.

50 min \$135

Organic Chemical Peel

This treatment is used to diminish appearance of scar tissue, fine lines and damaged tissue.

Also stimulates elasticity and collagen production. This service is polished off with LED light therapy.

50 min \$135

LED phototherapy treatment can be added to any facial to accelerate cellular turnover.

Deep Renewal Back Treatment

Get ready for summer fashions with a treatment designed to deep clean and exfoliate your back.

50 min \$125

Dolce Delight Body Scrub

Stimulate your overall circulation with an invigorating whole body exfoliation.

50 min \$125

Body Wrap

Take your body to its deepest relaxation with a body wrap. Designed to revitalize, detoxify & regenerate dull skin for an energizing glow.

80 min \$150

Add an exfoliating sugar scrub to anybody treatment. 30 min \$65

Make-Up

Make-up application \$75
Make-up color matching \$35

NAIL TREATMENTS

Spa Signature

Aromatherapies soak for the skin to open the pores and to release toxins.

Exfoliating scrub prepares the skin for a warm paraffin wrap infused with vitamins vital for healthy skin.

A moisturizing massage is included followed by your choice of polish.

Manicure \$45* Pedicure \$65
Spa Manicure & Spa Pedicure \$100

Classic Nails

Cleanse, exfoliate, finish and polish.

Manicure \$35
Pedicure \$50

Express Nails

Cleanse, finish and polish

Manicure \$25
Pedicure \$40
Children's Manicure* \$20
Children's Pedicure* \$35

*Children 10 and under

The Hampton Gentleman

Manicure \$30
Pedicure \$40

Add On Nail Services

French Polish \$10
Paraffin \$20
Polish Change \$15
Vegan Polish \$10